

COMMUNITY LIVING
INDEPENDENT LIVING ARRANGEMENTS (ILA)

For people who are able to live independently with a minimal amount of assistance, an Independent Living Arrangement (ILA) may be a suitable living option. ILA refers to living situations whereby the individual has a home where they live alone or with one or more roommates. The individual may be assisted in arranging for this type of living setting and may receive supports in maintaining the residence. Supports may include budgeting help, making appointments, shopping, laundry, housekeeping, arranging for medical and dental appointments, accessing public transportation, and becoming involved in any activities which interest them in the community. These individuals do not require protective oversight. They are able to be alone and care for their own health and safety needs on a basic level. They may require up to 10 hours per week of support, in most cases, to remain independent.

Independent Living Arrangements take many forms across the state. Some ILA programs are funded through SB40 boards, some are funded through the Regional Office, and others operate under grants. Other terms used to describe this program are semi-independent living arrangement and independent supported living arrangement.

Policies:

ILA placement is limited to individuals 18 years of age or older. Referral should occur only if the program provides the appropriate type and level of support that an individual requires. Prior to supporting an individual by referring them to an ILA program, the individual, their guardian, and their family should be provided information regarding all levels of community living so that an informed choice may be made.

Procedures:

Each ILA program has its own admission criteria and procedures. If living in an ILA program is decided upon by an individual's support team, referral should be made in accordance to the program's admission criteria.

Support Coordinator (formerly known as service coordinator) Responsibilities:

- Assure the setting is healthy and safe for the individual being referred.
- Assure that a transition meeting is held with the entire support team to include individual, guardian (if applicable), staff from the agency providing services and anyone else involved in the person's life.
- Assure that the individual service plan is established or updated within 30 days of the individual moving.
- Provide advocacy for the individual so that supports are provided as individually as possible.
- Arrange for the establishment or continuation of services and supports in the community such as vocational training/placement, habilitative training, medical and dental care, and ways to maintain the individual's social network.